



Handle Me With Care

Dental anxiety is more common than you may think. It has been estimated that 20% of Americans avoid seeing the dentist because of anxiety and fear. We see patients every day who feel some form of nervousness, and are here to work with you and make you feel at ease during your appointment. Don't let fear keep you from a beautiful, healthy smile. If you suffer from dental anxiety, please let us know. We are here for you and want to make your appointment as comfortable as possible.

- I gag easily.
- I prefer to use a mouth prop for longer procedures.
- I have not been to the dentist for a long time and I feel uncomfortable about what will be said or thought about my teeth and my dental hygiene.
- I know I have bad habits that are causing harm to my dental health. I am afraid I might not be able to break them.
- Pain relief is a top priority to me.
- I don't like shots, or I've had a bad reaction to shots.
- Please tell me what I need to know about my mouth so I can make an informed decision.
- My teeth are very sensitive.
- I don't like the sound of that tool that makes the picking and scraping noise.
- I don't like cotton in my mouth.
- I hate the noise of the drill.
- I don't like the dental office smells.
- I want to know the cost up front. No money surprises please.
- I have difficulty listening and remembering what I hear while sitting in the dental chair.
- I have health problems and questions that we need to discuss.
- I don't like being left alone in the treatment area.
- I have problems with my back.
- I don't like the chair tipped back too far.
- I do not like to see dental instruments.
- I need to talk to you first, without sitting in the dental chair.
- I have neck pain and would like a neck pillow.
- Other concerns I would like to talk about (Please specify):
